



THE
HIPCLINIC
M. BRANDON JOHNSON, M.D.

Pre-op Instructions

- Do not eat or drink anything after midnight on the evening before your surgery. This includes water, coffee, food, gum, candy, and chewing tobacco.
- Wear loose fitting, comfortable clothing that can easily be stored in a locker.
- Leave all jewelry and valuables at home.
- Avoid smoking for 24 hours before surgery.
- If you are currently taking medications for blood pressure, heart condition, asthma, emphysema, diabetic medication, you may take them the day of surgery with a small sip of water. Please hold all other medications, and you may resume them after surgery (later that day).
- **Stop taking all anti-inflammatories one week prior to surgery. This includes; Ibuprofen, Naproxen, Aspirin, etc.**
- If you take a blood thinner, please let our office know.
- Our office will give you a surgery date, and TENTATIVE time. The surgery center has a lot of moving parts, and they may call you with a time change. The surgery center times are the most up to date, and you should adhere to those times.
- Call with any questions: 405-424-5417

Thanks!

Dr. Johnson's Team